



Brent 'Drapes' Draper

Winner Master Chef 2023, Mental Health Advocate and Podcaster

Brent Draper, affectionately known as 'Drapes,' has solidified his place as a beloved TV personality and culinary maestro, emerging victorious in MasterChef Australia Season 15 in 2023. His journey to culinary excellence, however, is marked by a courageous battle against recurring mental health challenges, which became a pivotal turning point after his departure from MasterChef Australia Season 13 in 2021. Only to return armed with a fresh perspective and the wellbeing tools he needed in Season 15, a first for the TV franchise.

Beyond his culinary prowess on the hibachi, Brent has become a global figure due to his passionate advocacy for mental health. His personal experiences have fuelled his commitment to raising awareness and promoting dialogue around mental health issues. By openly sharing his struggles, Brent has inspired many to prioritise mental well-being and seek help when needed.

When Drapes isn't in the kitchen creating culinary masterpieces, he embraces the tranquillity of fishing and the thrill of surfing. As a self-proclaimed "very keen but very average fisho and surfer," he finds solace in the outdoors and the ocean, showcasing a deep love for nature. His downtime activities reflect his genuine connection to the environment and his appreciation for a balanced lifestyle.

At the core of Brent's world is his family, who always takes centre stage in his life. Residing in the Northern Rivers Region of NSW, Drapes shares his life with his wife Shonleigh and their two adorable little boys, Alfie, and Bowie. Family values and the warmth of home life are evident in Brent's journey, underscoring the importance of his loved ones in shaping his culinary and personal endeavours.

Brent Draper's story is one of resilience, passion for culinary excellence, and a commitment to fostering mental health awareness—a multifaceted individual whose impact extends far beyond the kitchen.

The Latest Stats

 @brentdraper_

103K Followers

Audience Split 73% Female / 21% Male
Top Age Demo 31%, 24 - 34 / 28%, 35 - 44
30 Day Reach 60,449 accounts reached

Highest Reach
Organic Posts 405,829 views and 619 likes
Paid Posts 257,000 views and 10,225 likes